Our first reading is from the Psalm 90:
YAHWEH, you have been our refuge from one generation to the next. Before the mountains were born, you brought forth the earth and the world; you are God without beginning or end. You turn humankind back into dust and say: “Go back, creatures of the earth!” For in your sight a thousand years are like yesterday, come and gone, no more than a watch in the night. You sweep us away like dream, fleeting as the grass that springs up in the morning—in the morning it sprouts, but by evening it has withered and died.

A reading from St. Teresa of Avila

Christ has no body but yours,
no hands, no feet on earth but yours.
Yours are the eyes with which Christ looks
compassion on this world,
yours are the feet with which Christ walks to do good,
yours are the hands, with which Christ blesses all the world.
Yours are the hands, yours are the feet,
yours are the eyes, you are Christ’s body.
Christ has no body now but yours,
no hands, no feet on earth but yours,
yours are the eyes with which Christ looks
compassion on this world.
Christ has no body now on earth but yours

Mark 10:17-22
As Jesus was setting out on a journey, someone came running up and asked, “Good Teacher, what must I do to share in everlasting life?”
Jesus answered, “Why do ou call me good?
No one is good but God alone.
You now the commandments: No killing. No committing adultery. No stealing. No bearing false witness. No defrauding. Honour your mother and your father.”
The other replied, “Teacher, I have kept all these since my childhood.”
Then Jesus looked at the person with love and said, “There is one thing more that you must do.
Go and sell what you have and give it to those in need; you will then have treasure in heaven.
After that, come and follow me.”
At these words, the inquirer, who owned much property, became crestfallen and went away sadly.